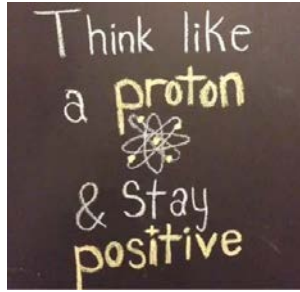


Focus on the Positive



Directions: Write or draw 5 positive things that happen during your day. At the end of the week, reflect on all the good things that happened. Even though our current situation is far from ideal, there are a lot of things to be happy ☺ about.

Wednesday, April 15th

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Thursday, April 16th

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Friday, April 17th

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